CAP Notes Home & School - Key to Abbreviations & Symbols

ME Concept **A**ssociations - A.S.K. **P**ictures & Processes 👂 👁 🖐

|  |  |  |  |
| --- | --- | --- | --- |
| ABCD | \_\_\_\_ \_\_\_\_ ­­­ \_\_\_\_  |  | P# \_\_\_ **?** 👁 📹 📚 🖉 ✂ 🗐 👪🖳 **🗣** 🕥 √ 🗏Diagram  Description automatically generated with low confidence  |
|  |

Home = am 5 6 7 8 9 10 11 12 pm 1 2 3 4 5 6 7 8 9 10 11 12

School = Time 1 5 10 15 20 25 30 35 40 45 50 55 60 90

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Review | **?** | Reviewed the last lesson. |  | Mop and bucket outline | **Clean** house, room, other |
|  | Demo | 👁 | Demonstration by teacher/student/guest. | Run outline | **Exercise** your body |
|  | A / V | 📹 | Watched / listened electronic device. | Apple outline | consume healthy **Food**  |
|  | Read | 📚 | Read textbook or other print material. | Man and woman outline | play with **Friends** |
|  | Write | 🖉 | Wrote – notebook, journal, or ‘other’. | Classroom outline | **Learning** what you like |
|  | Make | ✂ | Made ‘things’ alone, or in groups. | Video camera outline | **Media** learning/entertain |
|  | Handout | 🗐 | Received paper to read, complete, edit or ‘other’. | Meditation outline | Daily **Meditation** |
|  | Group Work  | 👪 | Worked together with a partner or group. | Books on shelf outline | **Reading** what you like |
|  | Computer | 🖳 | Used a computer to write, research, communicate. | Waiter female outline | **Service** help others |
|  | Practice | 🗣 | Practiced skills. | Sleep outline | **Sleep** well |
|  | Game | 🕥 | Played a game to reinforce A.S.K. | Receiver outline | **Talk** friends, family, other |
|  | Evaluation | √ | Was tested or reviewed a test. | Enjoy CAP Notes |
|  | CAP Notes  | 🗏 | Summarize your learning.Create Q & A’s  |

**1.**✔Answer It **2.**🎬Act It **3.**🖉Draw It **4.**🕮Spell It **5.**❓Question It **6.**🗣Speak It **7.**🏋Move It

**?** Review 👁 Demo. 📹 a/v 📚 Read 🖉 Write ✂ Make 🗐 Worksheet 👪 Group Work 🖳 Computer 🗣 Practice 🕥 Game √ Evaluation 🗏 CAP Notes



M.E. = My Effort  **A** = Attitudes / Feel **S** = Skills / Do **K** = Knowledge / Know 👂= Audio/Hear 👁 = Visual/See 🖐 = Kinesthetic/Touch